Exit Writing

The main idea about this article is that the author talks about how people missing out an easy way to make ourselves happier people by talking with other strangers. In the passage, the author gives two experimental group examples. One group was given instructions to act different in three train stations with strangers and the other group was asked to fill out the survey to predict their happiness levels. At the end, the author mentioned that “those who struck up a conversation with someone ––across the board—had a more pleasurable commute, and even felt more productive.” The results show that we will missing a chance to make us happier by talking with others.

In the second paragraph, the author claims that “not because we like being alone, but because we mistakenly think others don’t want to talk to us.” From my own personal experiences, I would agree with this opinion. In the past, I don’t always think that every person will have free time to talk to a stranger. In the other words, they do not have to waste the time on a person they did not even know before. If I saw a stranger, even the parent of friend from same school, I would put down my head and keep walking. But now, I think talk to a stranger is not a really bad thing to me. Talking to strangers can be the entertainment you need to pass the boring time on all your works. For example, you can also talk to a stranger on a social media. And the best thing of talking with a stranger is to make new friends. People can create more friendships through different conversations. Talking more with strangers will help us become a better listener in life.

Therefore, we cannot stop making new friends just by misunderstand the consequences of engaging with someone we don’t know.