

START: Wolf & Kettle

AUDIO TRANSCRIPT



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You may have wondered...what is the meaning behind the Wolf and Kettle Statue?

Many years ago, a prosperous family in the Basque country of Spain, generously provided for not only their family, community, and soldiers...but also saved enough to nourish the wolves. The image of two wolves eating at a cauldron became the Jesuit symbol of the Loyola family's generosity to their community.

We start the URBAN Trail at the Wolf and Kettle Statue to honor our trail namesake, Hal Urban. Hal Urban not only wrote a book to help us to find our own good news, but also generously donates profits of the sales of his books back to his alma mater, the University of San Francisco! The generosity of both the Loyola family and Hal Urban are wonderful examples of good news which is defined as *“anything that you see, hear, or read that makes you feel good.”*

Let's head to our next stop: Kalmanovitz Amphitheater. As you walk from stop to stop, we encourage you to walk briskly for optimal *Cura Personalis*—Let's get started!